

MEADOWSWEET ORGANICS 2019 CSA

WHAT IS A CSA?

Community supported agriculture (CSA) is a partnership between farmers and consumers in which the responsibilities, risks and rewards of farming are shared.

CSA helps to address increasing concerns about the lack of transparency, sustainability and resilience of our food system. It is one of the most radical ways that we can re-take control and ownership of our food system.

Find out more here: <https://communitysupportedagriculture.org.uk/what-is-csa/>

HOW DOES IT WORK?

You can sign up and pay for a share in our farm from February to May 2019, this is the time of the year when we have the least income because we are a seasonal farm, but it is also the time of the year when we have the greatest costs including buying seeds, compost and other yearly start-up materials before the main growing season begins.

In return you have the opportunity to be directly involved with our farm through weekly visit times, regular farm tours, occasional social events, volunteer days, newsletters, a facebook group and most of all.. a weekly vegbox including a share of our harvest from June to November!

This year we are offering 50 shares and there are 3 share sizes available: regular, large and half, and 3 different delivery zones, which are all detailed in the table below. We are really trying to encourage local food consumption and delivery through this scheme, so it's cheapest if you can pick up directly from the farm. We do also deliver, so the delivery cost represents the extra distance we need to travel to get your veggies to you. We also want to make this system accessible to everyone, so this year we have added some additional payment options to help breakdown the total cost.

We are also planning to offer an additional 'winter share' after this main season ends, which will run from the first week of November to Christmas time if you really do love your seasonal veg!

WHAT'S IN THE BOX AND WHEN IS IT DELIVERED?

- Weekly share vegboxes are available from the first week of June to the last week of October (5 months) and will be available for pick up/delivery on Wednesday afternoons.
- They will contain 8 to 10 items of organic, seasonal veg from our farm, which will usually include a leafy green like chard, spinach or kale, salad, a brassica like cabbage, kohlrabi, root veg like carrots, potatoes or beets, a herb and other seasonal items depending on the time of year, which could be squash, courgette, tomatoes, parsnips etc.
- The large size will contain the same selection, but in larger quantities
- All the boxes are the same and we cannot change the contents for you unless you have an allergy (celery, nightshades, garlic, mustard etc)
- If you are away we can't give you a double box the next week I'm afraid, but you can arrange for a friend or neighbour to pick it up.

THIS SCHEME IS FOR YOU IF...

- You love seasonal, local veg and want to become directly involved with where your food is grown
- You are an adventurous or adaptable cook and like to try new things
- You want to support your local farmer and understand the true cost and value of local, organic produce

HOW TO SIGN UP

- Please contact us first to check that we are able to deliver to you, especially if you live in Edinburgh or St Andrews, or somewhere not listed in the table.
- We will then send you a sign up sheet
- When you return this, we will send you an invoice, which gives you 30 days to pay
- Once payment is received, we will send a letter to acknowledge your membership
- From the start of your membership date we encourage you to visit the farm on specified weekly visit dates or by appointment. And you will be kept up to date with our progress through regular updates and invited to farm events.
- From June to November you will receive your weekly share vegbox

SIZES, COSTS & DELIVERY ZONES

PICK UP = pick up from our farm (KY15 7AE) on a Wednesday from noon

ZONE 1 = Falkland, Strathmiglo, Auchtermucty, Freuchie, Newton of Falkland, Cupar, Ladybank, Dairsie & Kinross

* Plus; Newburgh, Ceres and Glenrothes if we get enough people to make it worthwhile.

ZONE 2 = Edinburgh & St Andrews (inc. Strathkinness)

SHARE SIZE	ZONES	COST
Half share (11 weeks, standard box delivered every second week)	PICK UP	£110 (£10/box)
	ZONE 1	£122 (£12/box)
	ZONE 2	£144 (£14/box)
Standard (23 weeks)	PICK UP	£230 (£10/box)
	ZONE 1	£276 (£12/box)
	ZONE 2	£322 (£14/box)
Large (23 weeks)	PICK UP	£345 (£15/box)
	ZONE 1	£414 (£18/box)
	ZONE 2	£486 (£21/box)

PAYMENT OPTIONS

1. Full payment by 1/5
2. 2x instalments; by 1/5 & 30/7
3. 3x instalments; by 1/5, 30/7 & 30/9

* CANCELLATION TERMS & GUARANTEE

This exchange is based on trust and we require you to commit for the season. Requests for cancellation and refund will only be considered in exceptional circumstances.

If you choose to pay in instalments, we also require you to commit to the whole season, but you do have the right to withdraw if necessary, although there will be a cancellation charge of £20.

We hope that you decide to join us for this amazing seasonal vegetable journey!!